## **Duluth Family Medicine Clinic Patient Health History Form**

| Label |  |
|-------|--|
|       |  |

| Name             |          |               |                  | Today's Date             |           |
|------------------|----------|---------------|------------------|--------------------------|-----------|
| Gender (Sex)     | ☐ Male   | ☐ Female      | Age              | Birth Date (mm/dd/yyyy)  |           |
| Marital Status   | ☐ Single | ☐ Married     | ☐ Separated      | □ Divorced □ Widowed     |           |
| Currently Living | ☐ Alone  | ☐ With Family | ☐ With Friends   | ☐ With Significant Other |           |
| Profession (Job) |          |               | ☐ Working, Emplo | yed By:                  | ☐ Retired |

|   |    |          | Health H  | li                                  | story                                   | story                                   | story   | story  |
|---|----|----------|-----------|-------------------------------------|---|---|---|--|
| heck (√) all items either No or Yes       | No | Yes, Now | Yes, Past |                                     | Check ( $$ ) all items either No or Yes | Check (√) all items either No or Yes No | Check ( $$ ) all items either No or Yes No Yes, Now | Check (√) all items either No or Yes No Yes, Now Yes |
| bnormal EKG                               |    |          |           |                                     | Headaches (Frequent)                    | Headaches (Frequent)                    | Headaches (Frequent)                                | Headaches (Frequent)                                 |
| Alcoholism                                |    |          |           |                                     | Heart Attack or Heart Disease           | Heart Attack or Heart Disease           | Heart Attack or Heart Disease                       | Heart Attack or Heart Disease                        |
| Anemia or Low Blood                       |    |          |           |                                     | Heart Murmur                            | Heart Murmur                            | Heart Murmur  | Heart Murmur   |
| Anxiety                                   |    |          |           | ŀ                                   | Hemorrhoids or Rectal Problems          | Hemorrhoids or Rectal Problems          | Hemorrhoids or Rectal Problems                      | Hemorrhoids or Rectal Problems                       |
| Arthritis or Sore Joints                  |    |          |           | Нера                                | atitis Type A, B or C (circle)          | atitis Type A, B or C (circle)          | atitis Type A, B or C (circle)                      | atitis Type A, B or C (circle)                       |
| Asthma or Hay Fever                       |    |          |           | Hernia                              |   |   |   |  |
| Bleeding or Bruising                      |    |          |           | High Blood Pressu                   | ure                                     | ure                                     | ure   | ure  |
| Broken Bones                              |    |          |           | High Cholesterol                    |   |   |   |  |
| Bronchitis or Emphysema                   |    |          |           | HIV/AIDS                            |   |   |   |  |
| Cancer                                    |    |          |           | Jaundice                            |   |   |   |  |
| Cataracts                                 |    |          |           | Kidney or Bladder Problems          |   |   |   |  |
| Chemical Dependency                       |    |          |           | Leg or Foot Pain                    |   |   |   |  |
| Chest Pain                                |    |          |           | Liver Disease                       |   |   |   |  |
| Circulation Problems                      |    |          |           | Night Sweats                        |   |   |   |  |
| Deafness or Dizziness or Ringing Ears     |    |          |           | Phlebitis or Blood Clots            |   |   |   |  |
| Depression or Sadness                     |    |          |           | Psychiatric Care                    |   |   |   |  |
| Diabetes                                  |    |          |           | Sexually Transmitted Disease        |   |   |   |  |
| Difficulty Sleeping or Lie Awake at Night |    |          |           | Shortness of Breath                 |   |   |   |  |
| Ear Infections                            |    |          |           | Sinus Trouble                       |   |   |   |  |
| Epilepsy or Seizures                      |    |          |           | Skin Disease or Psoriasis or Eczema |   |   |   |  |
| Fatigue or Tiredness or Weakness          |    |          |           | Stomach Problems or Ulcers          |   |   |   |  |
| Forgetful                                 |    |          |           | Stool or Bowel Problems             |   |   |   |  |
| Gall Stones                               |    |          |           | Stroke                              |   |   |   |  |
| Glaucoma                                  |    |          |           | Thyroid Problem                     |   |   |   |  |
| Gout                                      |    |          |           | Tuberculosis or Positive TB Test    |   |   |   |  |
| Head Injury                               |    |          |           | Weight Loss or Gain (circle one)    |   |   |   |  |

|                       | Habits     |                   | Medications  |   |  |  |  |  |  |  |  |
|-----------------------|------------|-------------------|--|---|--|--|--|--|--|--|--|
| Do you:               |            | If Yes, how much? | Please list all medications you are now                                | v taking, including those you buy without |  |  |  |  |  |  |  |
| Smoke Tobacco         | □ No □ Yes | Packs/Day         | a doctor's prescription (over-the-counter, supplements, herbals, etc.) |   |  |  |  |  |  |  |  |
| Chew Tobacco          | □ No □ Yes | Tins or Bags/Day  | 1.   | 8.  |  |  |  |  |  |  |  |
| Drink Caffeine        | □ No □ Yes | Cups/Day          | 2.   | 9.  |  |  |  |  |  |  |  |
| Drink Alcohol or Wine | □ No □ Yes | Drinks/Day        | 3.   | 10.                                       |  |  |  |  |  |  |  |
| Drink Beer            | □ No □ Yes | Cans/Day          | 4.   | 11.                                       |  |  |  |  |  |  |  |
| Gamble                | □ No □ Yes |                   | 5.   | 12.                                       |  |  |  |  |  |  |  |
| Use Street Drugs      | □ No □ Yes |                   | 6.   | 13.                                       |  |  |  |  |  |  |  |
| Exercise              | □ No □ Yes |                   | 7.   | 14.                                       |  |  |  |  |  |  |  |

| Immunizations  |                               |                   |         |        |            | Allergies            |  |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
|--|-------------------------------|-------------------|---------|--------|------------|----------------------|--|--------------|------------------------|-------------------------------------|----------------------------|-----------|-------------|-----------|--------|------------|--------|------------|----------|-------------|--|--|
| Flu Shot   | □ No □ Yes                    | No □ Yes Date     |         |        |            |                      | List anything that you are allergic to (medications, foods, bee sting, etc.) |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| Hepatitis B  | □ No □ Yes                    | Date and how each |         |        |            |                      |  | ow e         | ach a                  | ffects you.                         | -                          |           |             |           |        |            |        |            |          |             |  |  |
| MMR  | □ No □ Yes                    | Date 1.           |         |        |            |                      |  |              |                        |                                     | Reaction:                  |           |             |           |        |            |        |            |          |             |  |  |
| Pneumonia  | □ No □ Yes                    | Date              | Date 2. |        |            |                      |  |              |                        |                                     | Reaction:                  |           |             |           |        |            |        |            |          |             |  |  |
| Tetanus  | □ No □ Yes                    | Date              | Date 3. |        |            |                      |  |              |                        |                                     | Reaction:                  |           |             |           |        |            |        |            |          |             |  |  |
| 4.   |                               |                   |         |        |            |                      | Reaction:  |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| 5.   |                               |                   |         |        |            |                      |  | Reaction:    |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| Hospitalizations (not including normal pregnancies)  |                               |                   |         |        |            |                      | Serious  | Iliness (    | not real               | uirino                              | ı ho                       | spi       | taliz       | zati      | on)    |            |        |            |          |             |  |  |
| 1.   |                               | <u> </u>          |         |        |            | _                    | ear  |              |                        | 1.                                  |                            |           |             |           |        |            |        | ar         |          |             |  |  |
| 2.   |                               |                   |         |        |            | Y                    | ear  |              |                        |                                     |                            |           |             |           |        |            | Ye     | Year       |          |             |  |  |
| 3.   |                               |                   |         |        |            | Υ                    | 'ear   |              |                        | 3.                                  |                            |           |             |           |        |            | Ye     | ar         |          |             |  |  |
| 4.   |                               |                   |         |        |            | Y                    | ear  |              |                        | 4.                                  |                            |           |             |           |        |            | Ye     | ar         |          |             |  |  |
|  |                               |                   |         |        |            |                      | F  | am           | ily ł                  | History                             |                            |           |             |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            |                      |  |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| Check (√) eit<br>If Yes, please  |                               |                   |         |        |            |                      |  | ъ            | Grandparent            | Check ( $$ ) eithe If Yes, please c |                            |           | v           |           |        |            |        |            | ЭĽ       | Grandparent |  |  |
| member who   | has (or in t                  | he past had)      | Father  | Mother | Brother    | ř                    | _  | Daughter     | dpu                    | member who h                        | vho has (or in the past ha |           |             | Father    | Mother | Brother    | je.    | _          | Daughter | undp        |  |  |
| any of the mo  | edical probl                  | ems listed.       | Fat     | Mo     | Bro        | Sister               | Son  | Daı          | Gra                    | any of the med                      | ical probl                 | ems liste | ed.         | Fat       | Mo     | Bro        | Sister | Son        | Daı      | Gra         |  |  |
| Alcoholism   |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | High Blood Pressu                   | ıre                        | □No□      | Yes         |           |        |            |        |            |          |             |  |  |
| Allergies  |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Kidney Disease                      |                            | □ No □    | Yes         |           |        |            |        |            |          |             |  |  |
| Anemia   |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Leukemia                            | Leukemia                   |           |             |           |        |            |        |            |          |             |  |  |
| Arthritis  |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Liver Disease                       |                            | □ No □    | Yes         |           |        |            |        |            |          |             |  |  |
| Asthma or Hay  | Fever                         | □ No □ Yes        |         |        |            |                      |  |              |                        | Mental Illness                      | ss 🗆 No 🗆 Ye               |           |             |           |        |            |        |            |          |             |  |  |
| Birth Defects  |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Migraines                           |                            | □ No □    | Yes         |           |        |            |        |            |          |             |  |  |
| Cancer   |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Nervous Breakdown                   |                            | □ No □    |             |           |        |            |        |            |          |             |  |  |
| Colon or Bowel   | Problems                      | □ No □ Yes        |         |        |            |                      |  |              |                        |                                     |                            | □ No □    |             |           |        |            |        |            |          |             |  |  |
| Heart Disease  |                               | □ No □ Yes        |         |        |            |                      |  |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| Diabetes<br>Emphysema  |                               | □ No □ Yes        |         |        |            |                      |  |              |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
| Epilepsy   |                               | □ No □ Yes        |         |        |            |                      |  |              |                        | Stroke                              | s or older                 |           |             |           |        |            |        |            |          |             |  |  |
| Быороў   |                               |                   |         |        |            |                      |  |              |                        | Guone                               |                            |           | 100         |           |        |            |        |            |          |             |  |  |
|  |                               | Men Only          |         |        |            |                      |  |              |                        | Women Only                          |                            |           |             |           |        |            |        |            |          |             |  |  |
| Pain or lump(s)  |                               |                   |         |        |            | □ No □ Yes           |  |              |                        | Last Pap Smear                      |                            |           |             | Abnormal? |        |            |        | □ No □ Yes |          |             |  |  |
| Penile (penis) it  |                               |                   |         |        |            | □ No □ Yes           |  |              |                        | Last Mammogram                      |                            |           |             |           |        |            |        |            |          |             |  |  |
| Prostate diseas  | •                             |                   |         |        |            | □ No □ Yes           |  |              |                        |                                     | Periods Started Problems?  |           |             |           |        |            |        |            |          |             |  |  |
|  | • •                           | your urine stream | ?       |        |            | □ No □ Yes           |  |              |                        | Ovarian Cysts                       |                            |           |             |           |        |            |        |            |          |             |  |  |
| Wake in the nig Sexual problem   |                               |                   |         |        |            |                      |  |              |                        | Sexual problems or concerns?        |                            |           |             |           |        |            |        |            |          |             |  |  |
| Do you feel safe   |                               |                   |         |        |            | □ No □ Yes           |  |              |                        | 0 0 0                               |                            |           |             |           |        | □ No □ Yes |        |            |          |             |  |  |
|  | _                             |                   | Vher    | re?    |            |                      | 1110   |              |                        |                                     |                            |           |             |           |        | □ No □ Yes |        |            |          |             |  |  |
| Do you have a Living Will? ☐ No ☐ Yes ☐ Where?  If No, would you like information on Living Wills? |                               |                   |         |        | □ No □ Yes |                      |  | es.          | Pregnancies # Births # |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            |                      |  | Miscarriages | # Abortions #          |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            |                      | Birth Control Meth   | iod:         |                        |                                     |                            |           |             |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            | Do you feel safe ir  | n your home  | e?           |                        |                                     |                            |           |             | No [      | ∃ Ye   | es         |        |            |          |             |  |  |
|  |                               |                   |         |        |            | Do you have a Liv    | ing Will?  | □ No □       | Yes                    | W                                   | here                       | ?         | 1           |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            | If No, would you lil | ke informat  | ion on Livi  | ng Wi                  | lls?                                |                            |           |             | No [      | ∃ Ye   | :S         |        |            |          |             |  |  |
| The infor  | mation on                     | thic Dationt L    | ادم     | th L   | -liet      | Orv                  | Fa   | rm           | ie ^                   | orrect to the be                    | et of my                   | knowlo    | dae         |           |        |            |        |            |          |             |  |  |
|  |                               |                   |         |        |            | _                    |  |              |                        |                                     | -                          |           |             |           |        |            |        |            |          |             |  |  |
|  | Patient or Guardian Signature |                   |         |        |            |                      |  |              | Date                   | e                                   |                            |           |             |           |        |            |        |            |          |             |  |  |
| Physician :  | Signature                     |                   |         |        |            |                      |  |              |                        |                                     | Dat                        | е         | <del></del> |           |        |            |        | -          |          |             |  |  |